

23RD APRIL 2023



Kaspi.kz

ALMATY HALF MARATHON

CAMP OPENING 6:00 / START 7:30

The Republic of Kazakhstan First President Park



ALMATY HALF MARATHON 21.1K

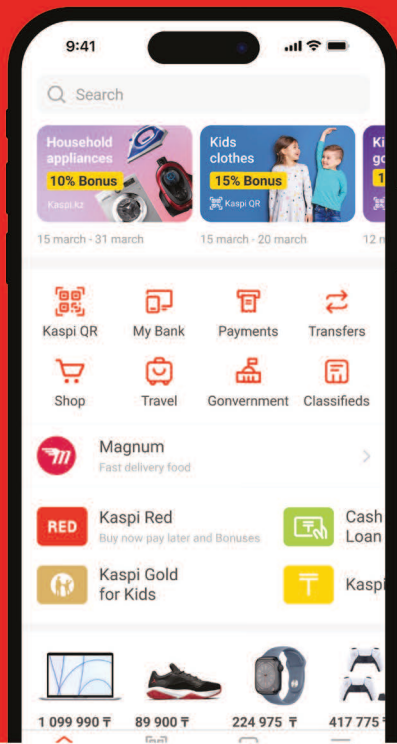


**PARTICIPANT'S
GUIDE**



Kaspi.kz

is the number one
application in
Kazakhstan!





TIMING



**FIRST
PRESIDENT
PARK**

- 06:00** Start camp opens, lockers become available
- 07:00** Warm-up at an individual arena
- 07:15** Participation line up for the 10-km Distance Race and Nordic Walking
- 07:30** Start for the 10-km Distance Race and Nordic Walking
- 07:35** Warm-up at an individual arena
- 07:50** Participation line up for the 21-km Distance Race, Elite and Ectiden
- 08:10** Start for the 21.1 km Distance Race, Elite and Ectiden



**CENTRAL
STADIUM**

- 07:00** Entertainment program. Finish camp
- 09:00** Awarding of winners in age categories (10 km)
- 10:00** Awarding of winners in absolute category (21.1 km)
- 10:10** Awarding of winners in age categories (21.1 km)
- 10:30** Awarding of Ectiden teams
- 10:40** Awarding of winners in age categories (21.1 km)
- 11:10** Finish zone closes

START

Participants of each cluster start according to the schedule.

Take your place in your designated cluster before the competition starts. Only athletes with starting numbers are allowed in the starting cluster. Clusters for each distance are marked with the same color as the starting number.

Starting from the wrong cluster will result in invalidation of results and disqualification of the participant.



FINISH

Do not stop after crossing the finish line. Keep moving forward at a walking pace to receive water, finisher's medal, and to visit the promotional zones, entertainment program, and medal engraving.



ELITE

ELITE - a separate starting cluster for amateur athletes with a confirmed qualifying time.

**QUALIFYING TIME FOR INCLUSION
IN THE ELITE CATEGORY FOR THE
21.0975 KM DISTANCE:**



MEN:

up to 1:20:00 for a half marathon;



WOMEN:

up to 1:45:00 for a half marathon.





SCHEME 1



DISTANCE:

➔ 10 KM

Start: First President Park

Finish: Central stadium

START TIME:

07:30 – Start for the 10-km
Distance Race and Nordic Walking

Time limit to pass the distance:
2 hours



SCHEME 2

Tenderly St

FINISH

Abay Ave



Republic Square



Nurly Tau

Seryjulin Ave

Байқоныр

Театр мн.Ауазов

Central Stadium

Baitursynov street

Shashkin St

Esental mall

Botanical Garden

Al-Farabi Avenue

Zharokov St

Rozhbaek Street

Naroi St

Zhandosov St

Zhandosov St

Zhandosov St

Zhandosov St

Сайрау

Satpaev St

Москва

Алтынсарин Ave

Utegen Bafyr St

Zhandosov St

Sain St

Zhubanov St

Sain St

Abay Ave

Shalyapin St



START



First President Park

DISTANCE:

➔ **21 KM**

Start: First President Park
Finish: Central stadium

START TIME:

08:10 – Start for the 21.1-km
Distance Race and 21.1-km Ectiden

11:10 – Finish zone closes

Time limit to pass the distance:
3 hours





SCHEME 3



Al-Farabi Avenue

Narodi St

21K

Al-Farabi

10K

START


Al-Farabi Avenue

Dulati street



First President Park

START CAMP LAYOUT

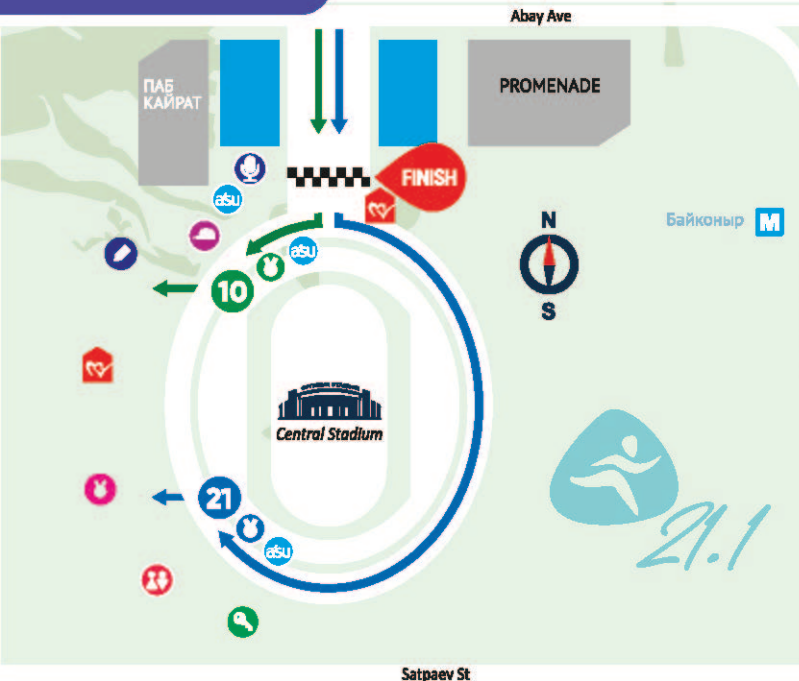
-  Bio toilets
-  Locker room
-  Water
-  Warm-up Area

10K 10-km Cluster

21K 21-km Cluster



SCHEME 4



FINISH CAMP SCHEME

- 10-km exit
- 10-km medals
- 21-km exit and 21.1-km Eciden
- 21-km medals
- Eciden 21.1-km medals
- Engraving
- Medics
- Stage
- Water
- Promotion Zones



LOCKER ROOM (LR)



Only belongings packed in Almaty Half Marathon 2023-branded bags are accepted.



Please pass your bag to a volunteer in the locker room to attach a sticker to your bag and BIB number. Bags with no stickers are not accepted.



Do not leave valuable and fragile things in the locker room. We recommend taking them with you (for example, car keys or your smartphone) or leaving them with your friends or relatives accompanying you. The Organizing Committee doesn't bear any responsibility for the safety of your belongings in the bag.

BAG ACCEPTANCE:

Start Camp



First President Camp
(scheme 3)

LR WORKING HOURS

FOR ACCEPTANCE:



10-km 06:00 – 07:20

21-km 06:00 – 08:00

RELEASE OF THINGS:

Finish Camp



Central stadium
(scheme 4)

LR WORKING HOURS FOR RELEASE:



08:00 – 12:00



PHOTOS

The Almaty Half Marathon 2023 photos will be published in the next few days on www.almaty-marathon.kz and Almaty Marathon's official social media: VKontakte, Facebook.

FOR GOOD PHOTOS, WE RECOMMEND:

- Do not hide your BIB number under clothing,
- Place the BIB number on your chest or waist belt,
- Smile at a photographer,
- Show class and remember you can get really good photos!



You can find photos here





BIB NUMBERS

Only athletes with the BIB number of the Almaty Half Marathon 2023 are admitted to the competition.



COLOR

The color of the number indicates the distance and the starting cluster.

NUMBER

The number is assigned according to the age category range.

NAME NUMBER

At the bottom of the number, there is a field for the participant's name.
(For registrations before 20.03.2023)



ELECTRONIC CHIP (BIB-TAG)

A chip for fixing control points and your result.



BIB NUMBERS

Only athletes with the BIB number of the Almaty Half Marathon 2023 are admitted to the competition. Transfer of the BIB number to another person is strictly prohibited, otherwise both participants will be disqualified.

Pin the BIB number on your chest or a waist belt. The number shall be clearly visible, do not hide it under your clothing.

Do not deform or store the BIB number near magnets, do not change its numbers or letters, do not remove any elements, otherwise you can damage the chip and lose your personal result.

Please fill out the questionnaire clearly on the back of the BIB number. This information is important in case of emergency medical care.





ECIDEN 21.1-KM

Each team must consist of 4 participants.

Each participant must wear a Tyvek bracelet corresponding to their stage of marathon.

The team participant must complete their stage instantly after the transfer of the race at the point of transfer and report to a volunteer. It is prohibited to continue the race!

The chip is attached to the race belt.

The participants get to the points of transfer on their own. The first member of the team starts together with athletes from the Elite cluster.

Eciden participants who completed their stage can get to the finish line by a special bus (scheme 2).

The first three teams who demonstrated the best results become the Eciden winners.

Reasons for disqualification:

- No BIB number
- No race belt with a chip
- Start from a wrong cluster
- Missing one or more control points (reviewed by the arbitrary team individually)
- Athlete participating in two and more teams and distances



Bus Schedule:

Bus location	Collection Time	Bus Leaving Time
Al Farabi Avenue, corner of Shashkin Street	08.20-08.30	08.30-08.45
Al Farabi Avenue, corner of Navoi Street	08.45-09.00	09.00-09.15
Abai Avenue, between Sain and Altynsarin Streets	09.30-09.45	09.45-10.00



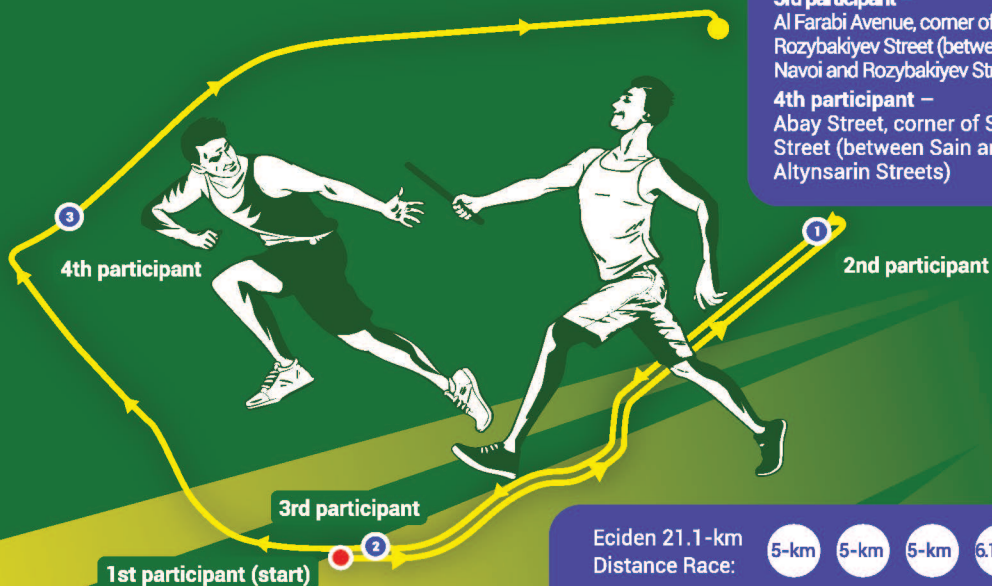
RELAY BATON EXCHANGES

1st participant (start) –
First President Park

2nd participant –
Al Farabi Avenue, corner of
Shashkin Street

3rd participant –
Al Farabi Avenue, corner of
Rozybakiyev Street (between
Navoi and Rozybakiyev Streets)

4th participant –
Abay Street, corner of Sain
Street (between Sain and
Altynsarin Streets)



Eciden 21.1-km
Distance Race:

5-km

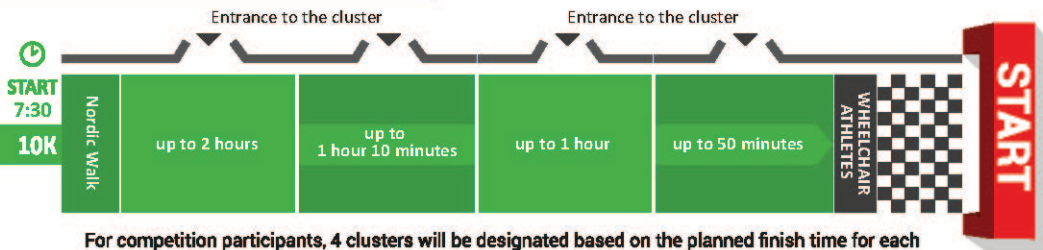
5-km

5-km

6.1-km



START CLUSTERS



For competition participants, 4 clusters will be designated based on the planned finish time for each distance.

Before the start of the half marathon, please go to the chosen cluster through the turngate.

If you have any questions, please contact the volunteers who will stand at the entrance to the start clusters.



- Wheelchair athletes competing in the 10 km race are waiting for their start near the starting arch and lining up in the first starting cluster only upon the organizers' command.
- They start ahead of the participants of the "Nordic Walk 10 km" race.
- Wheelchair athletes competing in the 21 km race line up in the first starting cluster only upon the organizers' command and are the first to start.



21.1

PACEMAKERS

At the race, pacemakers will join the participants and run at a predetermined pace, finishing with the stated result.

We recommend you to take your lead from them in order to cope with the distance and meet the planned finish time.

The pacemakers will be wearing T-shirts and carrying flags indicating the pace and finish time.

Half Marathon (21.1 km)

1:29:00	1:39:00	1:45:00
1:59:00	2:15:00	2:59:00

1:29





MEDICAL ASSISTANCE

Medical aid posts will be located in the start and finish camps and along the whole track. Please ask a medical officer for help if you feel unwell or you see that another runner has problems. In case of emergency, please contact organizers or any volunteer for help, attract the attention of people around you. Do not start if you do not feel well.

If you want to quit the run, then stop and keep to the side of the track, you will see a car driving behind the running athletes. Wait for the car. It will take you to the finish camp.

**In case of emergency,
please call 103 for ambulance!**





PRIZE FUND

**A MONEY PRIZE IS AWARDED TO OVERALL CHAMPIONSHIP WINNERS
AMONG MEN AND WOMEN FOR THE 21.1-KM DISTANCE:**

**1st place – 500 000 KZT | 2nd place – 450 000 KZT |
3rd place – 400 000 KZT**

Cash prizes are issued via bank transfer to the winner's personal bank account. To receive the prize, the following documents shall be emailed by the participant of the Competition to info@almaty-marathon.kz within three business days after the Competition:

Detailed information on prize distribution is published in the Event Regulations on the website www.almaty-marathon.kz. If you have any questions, please contact us by e-mail: info@almaty-marathon.kz.

PRIZE FUND FOR ECIDEN IN ABSOLUTE CHAMPIONSHIP

**1st place – 200 000 KZT | 2nd place – 150 000 KZT |
3rd place – 100 000 KZT**

Cash prizes are issued via bank transfer to the Eciden captain's personal bank account. To receive the prize, the following documents shall be emailed by the participant of the Competition to info@almaty-marathon.kz within three business days after the Competition:

Detailed information on prize distribution is published in the Event Regulations on the website www.almaty-marathon.kz. If you have any questions, please contact us by e-mail: info@almaty-marathon.kz.



RULES OF CONDUCT ON THE TRACK

Be attentive to other athletes while running and at feeding stations.
Do not obstruct the movement of other participants.



OUR RECOMMENDATIONS:

- do not run in a row with two or more participants.
- if you slow down to a walk, please keep to the right side of the track.
- maintain cleanliness and do not spit on the track.



IT IS PROHIBITED TO:

- use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes.
- participate wearing headphones. The runner must hear the warnings and instructions of arbitrators, organizers and other persons involved in the marathon organisation.
- receive any help from third parties. Any help outside of special food outlets, including the transfer of water, gels, bars, etc. will result in disqualification
- participate with animals.
- participate in a state of alcohol or drug intoxication.
- participate with any items that could be dangerous to other participants.
- obstruct the movement of other participants and the competition in any other way.



A participant may be disqualified for violation of these rules.



RESULTS

Each participant's BIB number is equipped with a built-in chip. Information from the chip is read when a runner crosses the start line, and then the finish line.

YOUR RESULT WILL NOT BE RECORDED AND WILL NOT BE DISPLAYED ON THE WEBSITE IF:

- you started the start not from your cluster or were late for your start
- you have shortened the distance,
- your starting number or chip is damaged or torn
- you went to the start without a starting number;
- you ran under someone else's starting number.
- your starting number is covered with clothes, with your hand, you ran with a child or an animal in your arms (this is prohibited), closing the number at the moment of crossing the timing equipment or the finish arch;

THE PARTICIPANT'S TIME IS DIVIDED INTO 2 TYPES:

- GUN TIME - the finish time of the participant.
- The time from the general starting salvo to the tie-suppression of finishing mats by the participant;
- CHIP TIME - is the participant's personal time. The time from the runner crossing the starting line to crossing the finish line.

Winning places are distributed ONLY based on finish time. All results will be published on www.almaty-marathon.kz within 24 hours upon completion of the competition.

Distance time limit:

THE TIME LIMIT FOR COMPLETING THE DISTANCES:

21.1 km - 3 hours 00 minutes,
10 km - 2 hours 00 minutes

Results terminology:

DNS – did not start
(the participant has not started)

DNF – did not finish
(the participant has not finished)

DSQ – disqualified
(the participant was disqualified)





DISPUTED SITUATIONS

In case of disputes, the participant has the right to file a protest affecting the prize place.

If you believe that there is an inaccuracy in the measurement of time in your result, or you have facts of unsportsmanlike behavior of participants, you have the right to file a claim for consideration by the judging panel.

A protest or a claim must be sent in writing to the address of the electronic mail: info@almaty-marathon.kz within 2 (two) calendar days after the end of the Competition

WHEN SUBMITTING A CLAIM, YOU MUST SPECIFY THE FOLLOWING DATA:

last name and first name;
distance;
the essence of the claim,
the grounds for the claim (video, photo, GPS tracker data).

Only participants are eligible to submit claims. The organizing committee will provide an official response within 24 hours after the protest has been filed.



CONTACT US:



www.almaty-marathon.kz



info@almaty-marathon.kz



8 727 311 51 85



Title sponsor



Kaspi.kz



Official media partners:





@almatymarathon



almatymarathon



almatymarathon



@almatymarathon