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APPROVED by
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REGULATIONS
Marathon and 10 km Road Race
Championships of the Republic of Kazakhstan
Turkistan Marathon 2023

Astana, 2023

Championship of the Republic of Kazakhstan in Marathon and 10 km Road Race Turkistan Marathon 2023.

2. Purposes and objectives

- 1.1 Regulations on holding the Championship of the Republic of Kazakhstan on marathon and running for 10 km on the highway (hereinafter - the Championship) developed in accordance with article 44, paragraph 8 of the Constitution of the Republic of Kazakhstan, the Law of the Republic of Kazakhstan of July 3, 2014 «On Physical Culture and Sports» and aims to achieve the following goals and objectives:
- development of mass athletics in the Republic of Kazakhstan;
 - preparation of reserve teams;
 - enhancing the level of excellence in sports;
 - identifying the strongest athletes to form the national team of the Republic of Kazakhstan.

3. Place and time of sports competition. Conditions of reception of teams and participants

- 3.1 The general management of the selection of the place and time, the preparation and conduct of the competition is carried out by Committee of Sport and Physical Education of the Ministry of Tourism and Sport of the Republic of Kazakhstan, Directorate of sports development (DSD), National Olympic Committee of the Republic of Kazakhstan, Athletics Federation of Kazakhstan (AFK) in cooperation with the Corporate Fund «Courage to be the first» (Corporate Fund). If necessary, AFK, in agreement with the Committee of Sports and NOC, can make changes and additions to the Regulations and calendar of competitions, notifying the participating organizations at least 30 days before the start of the competition. The direct organization and refereeing of the competition shall be entrusted to the judicial collegium, approved by the order of the AFK and the Corporate Fund. The activity of judges is carried out according to a separate «Regulation on sports judges».

Date, place and time: October 29, 2023.

Start time: from 5.30 a.m. to 1.30 p.m.

Time limit for the distance: 06 hours 00 minutes

Venue: Turkestan city.

The start of the marathon and the finish area of all races: 53A Amir Temir St., Visit Centre Turkistan (parking).

- 3.2 The costs of the assignment of the Head Coach, Head of the team, senior coaches by types are borne by DSD, NOC RK.
- 3.3 The expenses for the judges' work and the judges' travel expenses are borne by the «Directorate of Sports Development», the AFK together with the Corporate Fund.
- 3.4 The costs of sending competitors, coaches and additional judges (travel, daily subsistence allowance, salary, daily subsistence allowance and accommodation on competition days) shall be borne by the organizations sending the teams to the competition.
- 3.5 State bodies of management of physical culture and sports of territorial organizations of the Republic of Kazakhstan holding competitions, as well as branches of the AFK, carry out necessary measures on preparation of venues of competitions, medical care, organization of accommodation, nutrition of participants. In order to achieve the necessary safety of spectators and participants during their stay at sports facilities, it is prohibited to hold sports competitions without prior verification of the relevant instruction «About safety measures during sports events».
- 3.6 The Competition Director, the Competition Manager and the Competition Chief Justice are responsible for ensuring that safety requirements are met.
- 3.7 Track race on the highway are approved by the AFK and Corporate Fund.
- 3.8 Competitions are held according to the rules of the World Athletics (hereinafter - WA) 2022–2023.

4. Competition and evaluation system

Person-team competition.

Athletes declared as part of the teams are registered free of charge within the allocated quotas from the organizers of the competition.

5. Participating organizations, competition participants

- 5.1 To participate in the Championship allowed teams of the regions, Shymkent, Almaty, Astana, as well as, according to the «Regulations», teams and individual athletes of the regional Training Centers of the Olympic Reserve, sports colleges, sports boarding schools, Sports schools of all types and departments of athletics of complex sports schools, sports clubs of higher educational institutions and secondary educational institution of Kazakhstan.
- 5.2 Admission of teams and athletes is carried out on the basis of the technical regulations of individual competitions for 2023 and the requirements for admission of the Corporate Fund.
- 5.3 Participating teams of sports territorial organizations of the Republic of Kazakhstan in 2023 are in the absolute championship in the races.

6. Number of athletes, coaches, judges and other participants

- 6.1 The formation of regional teams will be the responsibility of:
 - licensed territories for the Physical Culture and Sports Administrations;
 - coaching councils of regions, Shymkent, Almaty and Astana;
 - branches of the Federation of Athletics of the Regions, Almaty, Shymkent and Astana, based on the expediency of developing athletics in the region, as well as on the admission requirements provided by «Regulation».
- 6.2 Each team must be declared judges, a team of athletes up to 4 people, must provide at least one judge, a team of more than 4 people, must provide at least two judges.
- 6.3 The costs of sending teams are covered by the funds of the territorial Physical Culture and Sports Directorates, as well as at the expense of the departments, sports schools of all types, sports boarding schools, sports colleges, sports clubs etc.
- 6.4 Territorial bodies of the Physical Culture and Sports Management, on the recommendation of the Committee on Sports or NOC, as well as at the request of the AFK, can send to the republican and international competitions held in the territory of the Republic of Kazakhstan, Members of teams of judges for internships and further training. All secondment costs are borne by the sending organizations.

7. Gender and date of birth of athletes.

8. Requirements for admission and participation in competitions

- 7.1 Participation in the Championship is permitted:
 - marathon - athletes from 18 years and older on the date of the competition;
 - 10 km. on the highway - 16-17 years in the individual championship; 18 years and older in the personal-team championship.Sports qualification of participants must be verified by documentary.
In order to be admitted to the Championship, adult athletes, juniors and boys must have at least third-class athletic training.
- 7.2 Foreign athletes are not allowed to participate in the Championship.
- 7.3 According to the Order of the Minister of Culture and Sports of the Republic of Kazakhstan dated November 4, 2014 74 «On approval of the Rules of Sports Events»:«Chapter 2, para. 6. Athletes who are citizens of the Republic of Kazakhstan from the respective administrative and territorial unit take part in the Championships of the Republic of Kazakhstan».
- 7.4 The issue of starter kits for the participants of the Competition will be carried out from «**27**» to «**28**» **October 2023 inclusive, from 10.00 am. to 8.00 pm, at: Turkestan, Amir Temir 53A, Visit Centre Turkistan. Attention!** Starting sets will not be given to participants on other days.
- 7.5 **The starter kit includes: starting number, chip to fix the result, member's memo, pins. Admission to the Competition is possible only if he has at the same time the following documents: For participants under the age of 18:**
 - Copy of identity card/copy of birth certificate;

- The Competition requires permission from parents/guardians (guardian).
- A copy of the identity card from the parents/guardians (guardian) who signed the receipt.
For participants aged **18 and over**:
- copy of ID card;
- a health note.

All documents should be provided in hard copy.

In case if the Participant of the Competition cannot pick up his or her Starter Kit himself, he or she may pick it up on the days of issue by another person upon presentation of a copy of his or her ID card (printed) for which health receipts are also collected on behalf of the Participant.

Redeemed T-shirts will be issued only on the day of issuance of starter kits. If the participant of the Competition did not take the shirt, then in the future its issuance will not be carried out!

- 7.6 The final protocol of the Championship is provided by the AFK after the end of the competition.

8 Results framework and evaluation

- 8.6 The personal championship in each type of program is determined in accordance with the rules of the WA 2022-2023 competition.
- 8.7 The team championship is played with any number of declared athletes in the team.
- 8.8 Командное первенство, определяется по наибольшей сумме очков, набранных участниками команды, по таблице WA в редакции 2017 года. 8.8 The team championship is determined by the highest sum of points accumulated by the team members, according to the table WA in the 2017 edition.
- 8.9 Each team can declare no more than two athletes in competitions among men and no more than two athletes in competitions among women.
- 8.10 The team championship shall include one best result from each species shown during personal competitions.

9 Health services

- 9.6 A medical team is established to provide medical assistance to athletes during the competitions. The medical team includes the Chief Sports Doctor, sports medicine doctors, nurses and other specialized medical professionals.
- 9.7 The chief physician of the competition forms a medical team depending on the number of participants of sports competitions, the level of competitions, the specifics of the competitions, the conditions of the competition, the number of projected appeals for medical reasons.
- 9.8 Sports competitions are serviced by an ambulance brigade to ensure the safety of life and health of athletes, as well as participants and spectators of physical culture, recreation and sports events.
- 9.9 The organization of medical assistance during the events is carried out under the supervision of the Chief Medical Officer of the sports competitions.
- 9.10 The organizers of sports competitions during their holding:
- Ensure the interaction of medical organizations involved in the provision of medical care and specialized medical care;
 - Provide medical care;
 - Identify places and means of medical evacuation;
 - Educate medical personnel and representatives of teams (athletes) with the organization of medical assistance;
 - Prepare a report on injuries, poisonings and certain other consequences of the impact of external causes on form 59, approved by order of the Minister of Health of the Republic of Kazakhstan of 6 March 2013 "On approval of forms for the collection of administrative data of health subjects", registered in the Register of State Registration of Normative Legal Acts for 8421.
- 9.11 Medical and athletic care services include the following:
- preliminary;
 - immediate medical support;
 - final.
- 9.12 At the preliminary stage, the ways of evacuation of victims from the venues of sports competitions to the medical point of sports facility, the number and type of sanitary vehicles, Action with mobile ambulance teams to evacuate victims to a medical organization, as well as action in cases of emergency.
- 9.13 At the stage of direct medical support by the Chief Medical Officer of the competition, in cases where conditions arise that hinder the conduct of sports competitions, information is provided to the organizers of the competition, the main panel of judges and team representatives.
- 9.14 The Chief Medical Officer recommends to the Chief Justice that the sport be cancelled or postponed.
- 9.15 Medical assistance in the event of injuries in athletes during the competitions is provided by the medical team of sports competitions at the site of injury. In case of emergency medical assistance, the victim is transported by an ambulance team to a medical organization to provide specialized medical assistance.
- 9.16 All cases of medical assistance during sporting events are recorded in the register of medical care provided during physical training and sports events on the form 067/y, 907 "On approval of forms of primary medical documentation of health organizations" registered in the Register of State Registration of Normative Legal Acts for 6697 (hereinafter referred to as Order 907).

10 Anti-Doping Security

10.1 Based on the rules of the WA Athletics Competition 2022-2023. All athletes can be doped by the World Anti-Doping Agency (WADA). RCMP «National Anti-Doping Center» has the right to carry out both competitive and non-competitive doping control.

10.2 Athletes should ensure their accessibility to testing.

10.3 All athletes should know and comply with the rules of the WADA Anti-Doping Code. In case of violation of the WADA Code, refusal or non-attendance of athletes to pass the test, they will be punished according to the rules of the WADA Anti-Doping Code (until the athlete is completely disqualified).

11 Number of members of the panel of judges

11.1 Organizing committee

- Competition director (s. 121).
- Competition manager (s. 122).
- Technical Information Centre Manager (hereinafter TIC) (s.132.5).
- Technical manager (s.123).
- Manager responsible for the competition presentation (s.124).

11.2 Panel of Judges.

- One (or more) referee, responsible for the room (place) of gathering and registration of participants.
- One Running Species Referee
- The senior judge at the distance and the corresponding number of judges at the distance (s.127).
- Senior chronometer and corresponding number of chronometers (s.128).
- Senior Judge at the photo finish and corresponding number of assistants (s.128, 165).
- Senior Judge of the transponder system and corresponding number of assistants (s.128, 165).
- Start coordinator and the corresponding number of starters and judges responsible for the return of athletes in a false start (s.129).
- Starter assistants (s.130).
- The highest circle counter and the corresponding number of circle counters (s.131).
- Secretary of the competition and several assistants (s.132).
- Senior Commandant of the competition and several commandants (s.133).
- One wind speed measurement operator (or several operators) (s.134).
- Senior Judge - Meter (scientific equipment) and appropriate number of assistants (s.135).
- Senior Judge and appropriate number of judges responsible for the Gathering and Registration Room (s. 136).

12 The order and time of application for participation in the sports competition

12.1 Applications for participation in the Championship should be submitted in the established electronic form on the website of the AFK: www.qazathletics.kz, in the section: «Applications for competitions» until October 16, 2023, as well as on the Internet site: www.almaty-marathon.kz, with «16» July 2023 and will end «16» October 2023. or reaching 3,000 (three thousand) participants.

- 12.1 Access to the registration of athletes is closed on 16 October at 10:00 local time.
- 12.2 In the mandate commission on October 28, 2023, submitted applications, separately for men and women, issued in accordance with the established form, as well as special medical cards for participants in the marathon race.
- 12.3 Each participant of the competition must provide a certificate of the distance learning course ««Anti-Doping Course» for athletes and athletes staff» on the website www.kaznadc.kz.
- 12.4 The passport, identity card or birth certificate of the participant shall be presented to the mandate commission at the first request.

13 Conditions for admission of participants and judges

All costs associated with the secondment of participants, coaches, representatives (round trip travel, food, accommodation, daily subsistence allowance in transit, preservation of salary) are borne by the sending organizations.

14 Order of awarding champions and prize-winners of sports competition

- 14.2 Teams, winners of the Championship, who took 1-3 places are awarded with diplomas of corresponding degrees. Athletes who took 1-3 places at the Championship of the Republic of Kazakhstan are awarded with gold, silver and bronze medals, as well as diplomas of corresponding degrees.
- 14.3 Athletes who do not show up for no reason are deprived of medals and considered disqualified, points in the team championship are not awarded.

15 Procedure and consideration of objections

- 15.2 Protests regarding the holding of the competition or the shown result in the form must be filed within 30 minutes after the official announcement of the result of the kind. The Organizing Committee of the competition is responsible for recording the time of announcement of all results.
- 15.3 Any protest must be made orally to the Referee or the athlete himself or some person acting on behalf of the athlete or official representative of the team. Such a person or team may protest only if they compete in the same competition to which the objection (or subsequent appeal) relates, or if they participate in the competition in which the points team standings are made. To make a fair decision, the Referee must consider all the circumstances he deems necessary, including examining the official video recording or any other available video and photo confirmation. The referee may decide on the appeal or refer it to the Court of Appeal. If the referee makes a decision, the protester has the right to appeal the decision to a jury. If the appellant is unable to contact the Referee directly, the protest may be transmitted to the Referee through the Technical Information Centre.

16 Day of arrival and departure of sportsmen and judges

- 16.2 After submitting an application for participation in the Championship, the dates of arrival of the team are planned independently, without additional call.
- 16.3 Final applications from teams of regions, cities of Astana, Almaty and Shymkent are approved by territorial bodies of management of physical culture and sports and submitted to the admission commission.