

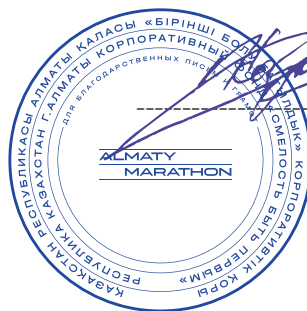
ALMATY

COPA RUN

ALMATY COPA RUN 2025
RUNNING COMPETITION

REGULATIONS

APPROVED BY
Corporate Fund "Courage to be the First"
Executive Director,



..... / S.N. Kazybayeva
«20» January 2024

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TABLE OF CONTENTS

1. GOALS OF THE COMPETITION	4
2. ORGANIZER OF THE COMPETITION	4
3. PARTICIPANTS OF THE COMPETITION	5
4. TIME AND PLACE OF THE COMPETITION.....	5
5. COMPETITION DISTANCES AND AGE CATEGORIES.....	6
6. COMPETITION PARTICIPANTS	7
7. EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION	7
8. REGISTRATION OF PARTICIPANTS AND THEIR ADMISSION TO THE COMPETITION.....	8
9. DISTRIBUTION OF STARTER KITS	10
10. COMPETITION PROGRAM (TO BE PUBLISHED LATER)	11
11. LOCKER ROOM	11
12. CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS	11
13. AWARDING OF COMPETITION WINNERS.....	13
14. RULES OF CONDUCT ON THE COMPETITION COURSE.....	14
15. DISQUALIFICATION	15
16. COMPETITION'S PANEL OF JUDGES.....	16
17. FORCE MAJEURE	17
18. PROTESTS AND CLAIMS.....	17
19. MEDIA ACCREDITATION	18
20. INFORMATION SOURCES OF THE COMPETITION.....	18
21. RIGHTS TO COVER THE COMPETITION	18
22. FINAL PROVISIONS	19

REGULATIONS

2025 жылғы «Almaty Copa Run» (бұдан әрі - «Жарыс») - мынадай қашықтықтардан тұратын жүгіру жарысы:

Almaty Copa Run 2025 (hereinafter referred to as the “Competition”) is a running competition with the following distances:

- 100 m;
- 1,000 m;
- 3,000 m;
- Relay 800 m - 400 m - 200 m - 100 m.

It is a city event for running and sports enthusiasts, where every resident and guest of Almaty can participate.

1.

GOALS OF THE COMPETITION

- popularization of running and Nordic Walking;
- preparation of runners for international marathon competitions;
- formation of a healthy nation;
- development of mass sports;
- popularization of a healthy lifestyle among residents and guests of Almaty;
- encouraging rejection of bad habits;
- support and development of sports among children with special needs;

2.

ORGANIZER OF THE COMPETITION

2.1.

Overall management of the Competition is carried out by the Corporate Fund “Courage to Be First.”

2.2.

The organization of the preparation and conduct of the Competition is entrusted to the organizing committee of the Corporate Fund “Courage to Be First” (hereinafter referred to as the “Organizing Committee”).

3.

PARTICIPANTS OF THE COMPETITION

3.1.

The race is open to:

- Professional athletes and amateurs;
- Participants of various age groups (determined by the distance categories);

3.2.

Participation is available to individuals who have registered on the official website of the Organizing Committee and paid the entry fee.

3.3.

Participants are required to:

- Complete registration on the website almaty-marathon.kz;
- Provide up-to-date personal information;
- Comply with the event rules outlined in this Regulation.

4.

TIME AND PLACE OF THE COMPETITION

4.1.

Time and venue of the Competition:

March 16, 2025, from 8:30 AM to 6:00 PM.

4.2.

Venue of the Competition:

- Almaty, Central Stadium

4.3

Start and finish lines for all distances:

- Central Stadium, 48 Abay Ave

5.

COMPETITION DISTANCES AND AGE CATEGORIES

5.1.

The Competition Program includes the following distances:

- 100 m
- 1,000 m
- 3,000 m
- Relay 800 m - 400 m - 200 m - 100 m.

5.2.

Age categories of the Competition:

5.2.1.

Age categories for the 100 m:

- 18-24 years;
- 25-29 years;
- 30-34 years;
- 35-39 years;
- 40-44 years;
- 45-49 years;
- 50 +.

5.2.2.

Age categories for the 1,000 m:

- 18-24 years;
- 25-29 years;
- 30-34 years;
- 35-39 years;
- 40-44 years;
- 45-49 years;
- 50 +.

5.2.3.

Age categories for the 3,000 m:

- 18-24 years;
- 25-29 years;
- 30-34 years;
- 35-39 years;

- 40-44 years;
- 45-49 years;
- 50 +.

To qualify for registration, you must attach verified results that meet the qualifying time requirements. Results from competitions held within the last 3 (three) years prior to the application submission are considered.

Qualifying times for candidates aiming to participate in the 3000m distance:

- Men: Up to 50 minutes for 10 km and/or up to 25 minutes for 5 km.
- Women: Up to 60 minutes for 10 km and/or up to 30 minutes for 5 km.

6. COMPETITION PARTICIPANTS

6.1.

Participants in the Competition are allowed from the following age categories:

- 100 m - participants from 18 years and older.
- 1,000 m - participants from 18 years and older.
- 3,000 m - participants from 18 years and older.
- Relay 800 m - 400 m - 200 m - 100 m - participants from 18 years and older.
A team should include at least one woman.

6.2.

AT REGISTRATION, THE PARTICIPANT'S FULL YEARS ARE CONSIDERED AT THE TIME OF THE COMPETITION.

7. EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION

7.1.

Expenses for the organization and conduct of the Competition are borne by the Organizing Committee.

7.2.

Expenses related to travel, accommodation, and meals during the Competition are borne by the organizations sending participants or the participants themselves.

8.1.

Registration for individual distances (100 m, 1,000 m and 3,000 m) takes place on the website almaty-marathon.kz, from January 20, 2024, and will end on March 3, 2025, or upon reaching 700 (seven hundred) participants.

8.2.

Corporate participants of the Competition will be registered upon request sent to info@almaty-marathon.kz.

Registration conditions:

- The number of participants in the Competition from the company or organization must be more than 30 (thirty) people.
- Organization's and company's teams with less than 30 (thirty) persons shall register their participants on the website almaty-marathon.kz at their own.

Corporate participation in individual distances (100 m, 1,000 m and 3,000 m) is paid by the organization through a transfer to the Organizing Committee's account. Registration shall take place only upon request sent by e-mail and filling out a special form.

8.3.**A participant is considered registered for the Competition if he/she:**

- 1) registered for a specific distance on the website almaty-marathon.kz;
- 2) received an individual participant number;
- 3) paid the entry fee.

Only runners who have paid their participation applications (slots) will be included in the list of participants of the Competition.

8.4.

By registering and paying the entry fee, a participant of the Competition agrees with all the terms and conditions of this Regulations.

The participant also confirms that they have read the rules of the Competition, understand their obligations and responsibilities, and agree to comply with all requirements set by the Organizing Committee.

8.5.**Entry fees for the Competition distances:**

- Distance of 100 m - 8,000 (eight thousand) tenge;
- Distance of 1,000 m - 8,000 (eight thousand) tenge;
- Distance of 3,000 m - 8,000 (eight thousand) tenge;
- Relay race (800 m - 400 m - 200 m - 100 m) - 30,000 (thirty thousand) tenge.

8.6.

Changing the distance is possible only until March 3, 2025.

If the slot has already been purchased, the participant must contact the Organizing Committee and pay 1,000 KZT (one thousand) for the change.

If changing from a shorter to a longer distance within the Competition, the difference in cost must also be paid.

If changing from a longer to a shorter distance within the Competition, the difference is non-refundable.

Changing distances is possible only if slots are available within the Competition. The participant's BIB number does not remain the same when changing distances. To change the distance, participant should go to the participant's personal account in the "My Races" section.

8.7.

The transfer of a slot from one sporting event to another, organized by the Organizer within the 2025 sports calendar, is carried out on a paid basis.

The cost of re-registration is 1,000 (one thousand) tenge. The transfer is possible only if there are available slots for the selected event and distance.

When transferring a slot, the previously assigned BIB number is canceled, and the participant is issued a new number.

8.8.

Funds directed to an incorrect or another participant's ID number are non-refundable.

8.9.

Until March 3, 2025, you can reassign your BIB number to another person by sending a request to info@almaty-marathon.kz with the new participant's details. The cost of reassignment is 1,000 (one thousand) KZT. The BIB number remains. The new participant must be registered on the website almaty-marathon.kz.

8.10.

Participants without BIB numbers are not admitted to the Competition.

8.11.

A participant of the Competition must place the BIB number on his/her chest or waist belt to make it clearly visible.

8.12.

Participation in the Competition under another participant's number is prohibited. If it becomes known that a participant of the Competition has transferred his/her BIB number to another participant, the Organizing Committee will disqualify both participants and cancel their results, as well as deny both participants access to the next three Competitions.

8.13.

It is prohibited to participate in the Competition wearing headphones.

8.14.

Participants with disabilities can receive a free slot by sending a request to info@almaty-marathon.kz by March 3, 2025.

The application must include:

- Full name of the participant;
- Participant's chosen distance;
- Documents confirming disability.

The accompanying person pays for their participation independently. The number of slots for participants with disabilities is limited. If all free slots are already taken, the Organizing Committee reserves the right to deny the participant free entry.

9. DISTRIBUTION OF STARTER KITS

9.1.

Distribution of starter kits for participants of the Competition will take place from March 14 to 15, 2025, from 10:00 to 20:00. Place of distribution: Almaty. The exact location will be announced later.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

9.2.

The participant's starter kit includes a BIB number, recording chip, and pins.

9.3.

Corporate participants of the Competition can pick up their starter kits from 14 to 15 March 2025 during the distribution of BIB numbers as specified in clause 9.1 hereof. To receive a starter kit, they must present their original or electronic ID.

9.4.

Participants must present the following documents for admission:

For participants aged 18 and over:

- ID card (original or in electronic);
- Health Acknowledgement (printed or signed online).

Participants can sign the Health Acknowledgement online by visiting the Almaty Marathon website or by scanning a QR code on the starter kit distribution day. The Egov mobile app with valid electronic digital signature (EDS) keys must be used to sign online. A printed version is not required if signed electronically.

9.5.

If a Competition Participant is unable to collect their starter kit personally, another person may collect it during the issuance days by presenting the participant's ID (original or electronic format) and a health declaration on behalf of the Competition Participant (in written or electronic format).

9.6.

If the participant did not know / forgot / failed to collect their starter kit on time, issuing a medal after the start via the online tracker is not possible.

9.7.

Other cases will be discussed individually when applying to info@almaty-marathon.kz before 14:00 on March 14, 2025

10. COMPETITION PROGRAM (TO BE PUBLISHED LATER)

11. LOCKER ROOM

11.1.

The Organizer is not responsible for the contents of the participant's bag.

11.2.

Suitcases, large-size bags will not be accepted for storage in lockers.

11.3.

The Organizing Committee will not consider any claims over missing items from bags. The Organizing Committee do not recommend to store valuables, cash, or jewellery in lockers.

12. CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS

12.1.

Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition's panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the finish time.

12.2.

Race winners and prize-winners of particular competition distances are determined in accordance with the World Athletics Rules.

12.3.

Competition Procedure:

12.3.1.

The competition for distances of 100 meters and 1000 meters is conducted in 2 (two) rounds (qualifying and final runs).

12.3.2.

For the 100-meter distance, after determining the list of participants, athletes will be divided into groups of 8 (eight) people in each age category. The 8 (eight) fastest participants in their age category will advance to the finals, where the winners will be determined. If the number of participants in an age category is equal to or less than 8 (eight), a final run will be held immediately to determine the winner.

12.3.3.

For the 1000-meter distance, after determining the list of participants, athletes will be divided into groups of 25 (twenty-five) people in each age category. The 20 (twenty) fastest participants in their age category will advance to the finals, where the winners will be determined. If the number of participants in an age category is equal to or less than 25 (twenty-five), a final run will be held immediately to determine the winner.

12.3.4.

For the 3000-meter distance, after determining the list of participants, athletes will be divided into groups of 25 (twenty-five) people in each age category. Based on the results of all runs, the three fastest results in each age category will determine the winners.

12.3.5.

Competition participants are required to start strictly at their designated time. The start time for each category will be determined and announced by the Organizing Committee in advance through official information channels. Starting outside of one's group will result in disqualification (DNF) from the competition.

12.3.6.

If the number of athletes in one age category is equal to or less than 12 (twelve), the final is conducted in a single run.

12.3.7.

Official results of the Competition will be published at almaty-marathon.kz within 24 (twenty-four) hours after the end of the Competition.

12.4.

Participant results are only recorded if the BIB number is correctly attached to the chest or waist belt.

12.5.

The Competition Organizing Committee does not guarantee that personal results of the Competition participants will be recorded in the following cases:

- Incorrectly fixed chip.
- Chip demagnetization.
- Chip covered by clothing or otherwise obscured;
- Disqualification of the participant on the basis of the resolution made by the Competition's Panel of Judges.
- Chip damaged by a participant.

12.4.

How to interpret results - terms used:

- DNS - Did not start (participant did not start);
- DNF - Did not finish (participant did not finish);
- DSQ - Disqualified (participant is disqualified);
- CR - Championship Record (record of competitions);
- GUN TIME - Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant.
- CHIP TIME - Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! RACE WINNERS AND PRIZE-WINNERS OF THE COMPETITION ARE DETERMINED ON THE BASIS OF THE PARTICIPANT'S GUN TIME.

13. AWARDING OF COMPETITION WINNERS

13.1.

Participants in the 100 m, 1000 m, and 3000 m distances aged 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, and over 50 years, among men and women, are awarded for 1st to 3rd places. Winners and prize-winners receive a certificate and a prize medal.

Relay - teams are awarded for 1st to 3rd places in the absolute championship among mixed teams. Winners and prize-winners receive a monetary certificate, a certificate, and a trophy.

13.2.

All participants who finish the race receive a finisher medal.

13.3.

The cash prizes are paid out within 15 (fifteen) business days after the Competition via a bank transfer to the personal account of the winner. In order to receive the cash prize, the winner of the Competition should, within 3 (three) business days after the Competition, submit the following documents:

- For residents of Kazakhstan: a Bank Account Certificate and a copy of identity document.
- For non-residents of Kazakhstan: a copy of identity document, bank name, address of the bank office and the city where you will receive the cash prize.

The documents should be sent to info@almaty-marathon.kz

13.4.

If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize within 10 (ten) business days after the Competition. The exact address to pick up your prize will be announced on official information sources. If a participant of the Competition cannot pick up the prizes in person and delegate the receipt of the prizes to an

authorized person, the winner of the Competition should email to info@almaty-marathon.kz his/her address where the prize can be delivered by the Organizing Committee at the expense of the participant. This option is available only to residents of the Republic of Kazakhstan.

13.5.

Upon expiration of the above term, the Organizer reserves the right not to give the prizes to winners.

14. RULES OF CONDUCT ON THE COMPETITION COURSE

The Competition takes place in compliance with the World Athletics (hereinafter - WA) Rules.

14.1.

Recommendations:

- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the course.

14.2.

It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes and participants with special jogging strollers.
- Use headphones. Participants must hear warnings from other runners, judges, organizers and officials organizing the Competition.
- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers.
- Stop on the course. In case of feeling unwell, the participant should, if possible, stop and move to the side of the course, without obstructing the movement of other race participants.
- Obstruct the movement of other participants and the competition in any other way.
- None of the team officials, other persons have the rights to walk, run, move near a participant at the time when the participant takes food or drinks.
- A participant may be disqualified for violation of these rules.

15. DISQUALIFICATION

15.1.

The Competition Organizing Committee has the right to disqualify a participant of the Competition in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a BIB number;
- a participant neglects the instructions and comments of the Organizing Committee, judges or a chief physician of the Competition;
- a participant violates the Competition Regulations;
- a participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.

15.2.

A participant, who:

- took or received food or water at a place other than an official catering facility, unless they have been provided for medical reasons by or under the direction of the competition judges,
- or took food from another participant,

must be first warned by a judge by showing a yellow card. For the second violation, the judge shall disqualify the participant by showing a red card.

15.3.

The Organizing Committee has the right to disqualify a participant if he/she uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition.

15.4.

Participants of the Competition will be excluded from the final scoresheet in the following cases:

- a participant participates under another participant's number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses mechanical means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant starts running not from his/her cluster;
- a participant runs without a BIB number for a particular competition or if the bib number is hidden under his/her clothing;
- a participant violated the rules of these Regulations.

15.5.

A participant may be disqualified for unseemly, rude or abusive language towards event organisers, judges, volunteers.

15.6.

The Competition participants are prohibited from holding unauthorised political, social and other rallies, making provocative appeals, political solicitations, protests, demonstrations, and using any political, social attributes, logos. Those participants violating this clause will bear responsibility in accordance with the laws of the Republic of Kazakhstan.

16.

COMPETITION'S PANEL OF JUDGES

16.1.

Competition's Panel of Judges thoroughly monitors compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

16.2.

Competition's Panel of Judges includes:

- Chief Judge of the Competition

The Chief Judge of the Competition distributes responsibilities among certain judges of the Competition and submits a report to the Organizing Committee upon completion of the Competition.

- Chief Scorer of the Competition

The Chief Scorer of the Competition processes scoresheets and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

- Judges of the Start and Finish Zones of the Competition

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record results of first 50 (fifty) finishers according to the finish scoresheets. The scoresheets are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system. Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

16.3.

Chief Physician of the Competition

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.

17. FORCE MAJEURE

17.1.

In case of an official ban imposed on the Competition by the government bodies/agencies/services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition. The exact new date of the Competition will be announced later by publishing in the Organizing Committee's information sources specified in clause 20 hereof and by mailing to the participants' e-mail addresses specified by the participants during their registration for the Competition.

17.2.

If, due to state regulatory acts of the Republic of Kazakhstan, a foreign participant from another country cannot cross the state border of the Republic of Kazakhstan on the eve of the Competition and participate in the Competition, they may submit a request to the Organizing Committee to transfer their entry fee to the "Almaty Copa Run" in 2026. In this case the request should be sent to info@almaty-marathon.kz.

18. PROTESTS AND CLAIMS

18.1.

Protests shall be submitted to the Competition Organizing Committee and considered by the Competition's Panel of Judges.

18.2.

A participant of the Competition has the right to submit a claim within 2 (two) calendar days after the end of the Competition. Claims should be sent to the email address info@almaty-marathon.kz.

When submitting a claim, the participant must provide the following information:

- participant's full name (anonymous submissions will not be considered);
- essence of the claim;
- grounds for the claim (photo or video evidence).

18.3.

The Competition Organizing Committee shall prepare its official reply to the participant of the Competition within 2 (two) business days after it receives the protest and/or claim, the reply shall be sent to an e-mail, which the claim/protest had been filed from.

18.4.

Claims are accepted only from participants of the Competition.

19. MEDIA ACCREDITATION

19.1.

To obtain media accreditation for the Competition, it is necessary to send the following information (name of the media outlet, full name of the correspondent, operator, photographer, contact phone number, and email) to the email address prmanager@almaty-marathon.kz by March 14, 2025.

20. INFORMATION SOURCES OF THE COMPETITION

20.1.

Detailed information on the Competition is available on web-site almaty-marathon.kz, as well as at the following social media sites of the Organizing Committee:

- <https://www.facebook.com/almatymarathon/>
- <https://www.instagram.com/almatymarathon/>
- t.me/almaty_marathon
- <https://vk.com/almatymarathon>

The Organizing Committee of the Competition is not responsible for information posted on other informational resources.

21. RIGHTS TO COVER THE COMPETITION

21.1.

Corporate Fund "Courage to Be the First" (hereinafter - the Copyright Holder) owns exclusive media rights to cover the Competition: broadcasts of an image and (or) sound of the sports event through any means and (or) by using any technology, as well as video recording of the broadcasts.

The Copyright Holder has the right to enter into written agreements with third parties for the acquisition of rights to cover the sports event.

22.1.

This Regulation for the Competition serves as an official invitation - a call to participate in the Competition.

22.2.

The Organizing Committee is not responsible for any damage caused to Competition participants as a result of accidents, loss of personal belongings, or damage to property.

22.3.

The Organizing Committee is not liable for the health of participants, nor for injuries, illnesses, or other medical issues that may arise during preparation or participation in the Competition. Each participant is fully responsible for their own health and physical condition and is required, if necessary, to undergo a medical examination before participating in the Competition.

22.4.

The Organizing Committee reserves the right to make changes to this Regulation for the Competition.

ALMATY
MARATHON