

CITY

RUN

CITY RUN 2025
RUNNING COMPETITION

REGULATIONS

« » 2025

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Regulations

"CITY RUN" 2025 (hereinafter referred to as the "Competition") is a running event with a main distance of 10 km, which also includes Nordic walking over a distance of 5 km.

1. GOALS OF THE COMPETITION

- preparation of runners for international marathon competitions;
- formation of a healthy nation;
- development of mass sports;
- encouraging rejection of bad habits;
- support and development of sports among children with special needs;

2. ORGANIZER OF THE COMPETITION

2.1.

Overall management of the Competition is carried out by the Corporate Fund "Courage to Be First."

2.2.

The organization of the preparation and conduct of the Competition is entrusted to the organizing committee of the Corporate Fund "Courage to Be First" (hereinafter referred to as the "Organizing Committee").

3.

COMPETITION PARTICIPANTS

3.1.

Participants in the Competition are allowed from the following age categories:

- 10 km race – participants from 15 years and older.
- Nordic walking 5 km – participants from 15 years and older.

3.2.

At registration, the participant's full years are considered at the time of the Competition.

3.3.

The following may participate in the race:

- Professional athletes and amateurs;
- Participants of various age groups (determined by the distances);
- Parents with children in strollers, provided they meet the relevant requirements.

3.4.

Participation is available to individuals who have registered on the official website of the Organizing Committee and paid the entry fee.

3.5.

Participants are required to:

- Complete registration on the website almaty-marathon.kz;
- Provide up-to-date personal information;
- Comply with the event rules specified in these Regulations.

4.

TIME AND PLACE OF THE COMPETITION

4.1.

Time and venue of the Competition:

November, 16, 2025, from 06:00 to 12:00.

4.1.

Venue of the Competition: Almaty.

4.3.

Start and finish lines for all distances:

Astana Square.

5.

COMPETITION DISTANCES AND AGE CATEGORIES

5.1.

The Competition Program includes the following distances:

- 10 km race
- Nordic Walking 5 km

5.2.

Age categories of the Competition:

5.2.1.

Age categories for the Race (10 km):

- 18-24 years
- 25-29 years
- 30-39 years
- 40-49 years
- 50-59 years
- 60-69 years
- 70+ years and older

5.2.2.

Age categories of the Nordic Walking:

- 15 years and older

6.

EXPENSES FOR ORGANIZING AND HOLDING THE COMPETITION

6.1.

Expenses for the organization and conduct of the Competition are borne by the Organizing Committee.

6.2.

Expenses related to travel, accommodation, and meals during the Competition are borne by the organizations sending participants or the participants themselves.

7.1.

Registration for individual race distances (10 km run and 5 km Nordic walking) is carried out on the website almaty-marathon.kz starting from October 9, 2025, and will close on November 6, 2025, or once the limit of 2,500 (two thousand five hundred) participants is reached.

7.2.

Participation fees are considered voluntary targeted contributions (charitable donations) aimed at supporting the statutory activities of the "Courage to Be the First" Corporate Foundation, including the organization and hosting of the event. These fees are not payments for services or works, do not constitute commercial income, and do not entail any obligation to issue acts of completed work.

7.3.

A participant is considered registered for the Competition if he/she:

- 1) registered for a specific distance on the website almaty-marathon.kz;
- 2) received an individual participant number;
- 3) paid the entry fee.

Only runners who have paid their participation applications (slots) will be included in the list of participants of the Competition.

7.4.

By registering and paying the entry fee for participation in the Competition, the participant confirms their full agreement with all the terms and conditions set forth in this Regulation.

The participant also confirms that they have read and understood the Competition rules, are aware of their obligations and responsibilities, and agree to comply with all requirements established by the Organizing Committee.

7.5.

Entry fees for the Competition distances:

- 10 km race - 14,000 (fourteen thousand) KZT
- Nordic Walking 5 km - 10,000 (ten thousand) KZT

7.6.

Changing the race distance is allowed only until October 25, 2025 (inclusive).

If a participation slot has already been purchased, the participant must contact the Organizing Committee and pay a distance change fee of 1,000 (one thousand) KZT.

When changing from a shorter to a longer distance, the participant is required to pay the difference in entry fees.

When changing from a longer to a shorter distance, the difference in cost is non-refundable.

A distance change is possible only if slots are available for the selected distance. In this case, the participant's previously assigned race number will be cancelled, and a new number corresponding to the selected distance will be issued.

To request a distance change, please send an email to info@almaty-marathon.kz.

7.7.

The transfer of a participation slot from one sporting event to another, organized by the Organizer within the 2025-2026 sports calendar, is available on a paid basis until October 16, 2025.

The transfer fee is 1,000 (one thousand) KZT. The transfer is possible only if slots are available for the selected event and distance.

When transferring a slot, the previously assigned race number is cancelled, and a new number is issued to the participant.

If a participant fails to transfer their slot to another participant or another event within the 2025 sports calendar, or if they do not take part in the event for which the slot was originally registered, the participation will be cancelled, and the entry fee is non-refundable.

Before printing, race numbers are verified for data accuracy. After the specified deadline, names will not be added to race numbers, and no changes can be made to the submitted information.

7.8.

Funds directed to an incorrect or another participant's ID number are non-refundable.

7.9.

Until October 25, 2025, you may transfer your race number to another participant. To do so, please send an email to info@almaty-marathon.kz including the details of the new participant. The Organizing Committee is not responsible for any incorrect information provided about the new participant. The transfer fee is 1,000 (one thousand) KZT.

IMPORTANT! To transfer a race number to another participant, the new participant must be registered on the website almaty-marathon.kz.

7.10.

Participants without BIB numbers are not admitted to the Competition.

7.11.

A participant of the Competition must place the BIB number on his/her chest or waist belt to make it clearly visible.

7.12.

Participation in the Competition under another participant's number is prohibited. If it becomes known that a participant of the Competition has transferred his/her BIB number to another participant, the Organizing Committee will disqualify both participants and cancel their results, as well as deny both participants access to the next three Competitions.

7.13.

It is prohibited to participate in the Competition wearing headphones.

7.14.

Participants using wheelchairs, handbikes, or special running strollers will start from a separate cluster. To be included in this cluster, participants must submit an application in advance by sending an email to info@almaty-marathon.kz no later than 18:00 on November 6, 2025. Both the participant in the wheelchair (or stroller) and their accompanying person are required to have official CITY RUN 2025 race numbers.

7.15.

There are some requirements for those participating with a child in a jogging stroller. The stroller must have a safety strap attached to the accompanying person's hand, inflatable wheels, the child must be secured with a seatbelt, and the front wheels must be fixed.

7.16.

Participants with disabilities can receive a free slot by sending a request to info@almaty-marathon.kz by November 6, 2025.

The application must include:

- Full name of the participant;
- Participant's chosen distance;
- Documents confirming disability.

The accompanying person pays for their participation independently. The number of slots for participants with disabilities is limited. If all free slots are already taken, the Organizing Committee reserves the right to deny the participant free entry.

8.

DISTRIBUTION OF STARTER KITS

8.1.

Distribution of starter kits for participants of the Competition will take place from November 14 to 15, 2025, from 10:00 to 20:00. Place of distribution: Almaty. The exact location will be announced later.

Attention! No distribution of starter kits will be made to the participants of the Competition on other days.

8.2.

The race pack is issued personally to the participant.

Collection of a race pack on behalf of another participant is strictly prohibited, including by a representative under a notarized power of attorney.

Parents are allowed to collect the race pack for their underage child (under 18 years old). In this case, the parent must provide the required documents in accordance with Clause 8.5 of these Regulations.

8.3.

The participant's starter kit includes a BIB number, recording chip, bag, and pins.

8.4.

Corporate participants of the Competition may collect their race packs from November 14 to 15, 2025, during the race number distribution period specified in Clause 8.1 of these Regulations.

To receive the race pack, participants must present the original or electronic version of their ID, as well as a health condition declaration form.

It is strictly prohibited to collect race packs on behalf of other participants.

8.5.

Participants must present the following documents for admission:

For participants under the age of 18:

- ID card (original or in electronic) / Birth Certificate (printed);
- Acknowledgement Note from parents or guardian(s) giving permission to participate in the Competition (printed);
- ID card of parents or guardian(s), who signed in person the Acknowledgement Note (original or in electronic).

For participants aged 18 and over:

- ID card (original or in electronic);
- Health Acknowledgement (printed or signed online).

Participants can sign the Health Acknowledgement online by visiting the Almaty Marathon website or by scanning a QR code on the starter kit distribution day. The Egov mobile app with valid electronic digital signature (EDS) keys must be used to sign online. A printed version is not required if signed electronically.

8.6.

Other cases will be discussed individually when applying to info@almaty-marathon.kz before 14:00 on November, 6, 2025

9.

COMPETITION PROGRAM (TO BE PUBLISHED LATER)

9.1.

Time limits for completing distances:

- Time limit for the 10 km distance – 2 hours 00 minutes.
- Time limit for the Nordic Walking 5 km – 2 hours 0 minutes.

10.

LOCKER ROOM

10.1.

The Organizer is not responsible for the contents of the participant's bag.

10.2.

Suitcases, large-size bags and other items not in a branded bag will not be accepted for storage in lockers.

10.3.

The Organizing Committee will not consider any claims over missing items from bags. The Organizing Committee do not recommend to store valuables, cash, or jewellery in lockers.

11.

CALCULATION OF RESULTS AND DETERMINATION OF COMPETITION WINNERS

11.1.

Results of the race participants for particular competition distances are recorded by the electronic timing system of the Competition and are confirmed by the Competition's panel of judges. Winners and prize-winners of particular competition distances are determined on the basis of the finish time.

11.2.

Race winners and prize-winners of particular competition distances are determined in accordance with the World Athletics Rules.

11.3.

Official results of the Competition will be published at almaty-marathon.kz within 24 (twenty-four) hours after the end of the Competition.

In the event that the Organizing Committee receives information on any violation of the Competition Rules by its participants, the Organizing Committee has the right to examine the competition venue and analyse the photo and video records. The Organizing Committee has the right to change the final scoresheet if the violations are proved.

11.4.

Participant results are only recorded if the BIB number is correctly attached to the chest or waist belt.

11.5.

The Competition Organizing Committee does not guarantee that personal results of the Competition participants will be recorded in the following cases:

- Incorrectly fixed chip.
- Chip demagnetization.
- Chip covered by clothing or otherwise obscured;
- Disqualification of the participant on the basis of the resolution made by the Competition's Panel of Judges.
- Chip damaged by a participant.

11.6.

How to interpret results – terms used:

- DNS – Did not start (participant did not start);
- DNF – Did not finish (participant did not finish);
- DSQ – Disqualified (participant is disqualified);
- CR – Championship Record (record of competitions);
- GUN TIME – Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant.
- CHIP TIME – Personal time of participant. The time from start mats to finish mats crossed by the participant.

IMPORTANT! RACE WINNERS AND PRIZE-WINNERS OF THE COMPETITION ARE DETERMINED ON THE BASIS OF THE PARTICIPANT'S GUN TIME.

12.

AWARDING OF COMPETITION WINNERS

12.1.

Race (10 km) – participants among men and women are awarded for the 1st – 3rd places in the absolute category.

Winners and prize-winners of the Competition are awarded cash vouchers, diplomas, medals and valuable prizes.

12.2.

Race (10 km) – participants among men and women are awarded for the 1st – 3rd places in age categories.

Winners and prize-winners for this particular distance of the Competition are awarded diplomas, medals and valuable prizes.

12.3.

No awarding is held for the Nordic Walking.

12.4.

All finishers within the time limit receive a finisher's medal.

12.5.

The cash prizes are paid out within 15 (fifteen) business days after the Competition via a bank transfer to the personal account of the winner. In order to receive the cash prize, the winner of the Competition should, within 3 (three) business days after the Competition, submit the following documents:

- For residents of Kazakhstan: a Bank Account Certificate and a copy of identity document.
- For non-residents of Kazakhstan: a copy of identity document, bank name, address of the bank office and the city where you will receive the cash prize.

The documents should be sent to info@almaty-marathon.kz

12.6.

If a participant of the Competition failed to pick up his/her prize during the Competition, the participant can pick up the prize within 10 (ten) business days after the Competition. The exact address to pick up your prize will be announced on official information sources. If a participant of the Competition cannot pick up the prizes in person and delegate the receipt of the prizes to an authorized person, the winner of the Competition should email to info@almaty-marathon.kz his/her address where the prize can be delivered by the Organizing Committee at the expense of the participant. This option is available only to residents of the Republic of Kazakhstan.

12.7.

Upon expiration of the above term, the Organizer reserves the right not to give the prizes to winners.

The Competition takes place in compliance with the World Athletics (hereinafter – WA) Rules.

13.1.

Recommendations:

- Do not run in a row with two or more participants.
- If you slow down to a walk, please keep to the right side of the course.

13.2.

It is prohibited to:

- Use any mechanical aids (push scooters, bicycles, rollers, etc.) for everyone except wheelchair athletes and participants with special jogging strollers.
- Use headphones. Participants must hear warnings from other runners, judges, organizers and officials organizing the Competition.
- Participate with animals.
- Participate in the competition in a state of alcohol or drug intoxication.
- Participate with any items that could be dangerous to other participants.
- Participate with strollers.
- Stop on the course. In case of feeling unwell, the participant should, if possible, stop and move to the side of the course, without obstructing the movement of other race participants.
- Obstruct the movement of other participants and the competition in any other way.
- None of the team officials, other persons have the rights to walk, run, move near a participant at the time when the participant takes food or drinks.
- A participant may be disqualified for violation of these rules.

14.

DISQUALIFICATION

14.1.

The Competition Organizing Committee has the right to disqualify a participant of the Competition in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a BIB number;
- a participant neglects the instructions and comments of the Organizing Committee, judges or a chief physician of the Competition;
- a participant violates the Competition Regulations;
- a participant runs 2 (two) distances or participates in 2 (two) or more teams, which will result in the disqualification of both the participant and the teams from the Competition.

14.2.

A participant, who:

- took or received food or water at a place other than an official catering facility, unless they have been provided for medical reasons by or under the direction of the competition judges,
- or took food from another participant,

must be first warned by a judge by showing a yellow card. For the second violation, the judge shall disqualify the participant by showing a red card.

14.3.

The Organizing Committee has the right to disqualify a participant if he/she uses a video camera, mobile phone or smartphone, radio, players, headphones and other equipment in the course of the Competition.

14.4.

Participants of the Competition will be excluded from the final scoresheet in the following cases:

- a participant participates under another participant's number registered for another person;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses mechanical means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant starts running not from his/her cluster;
- a participant runs without a BIB number for a particular competition or if the bib number is hidden under his/her clothing;
- a participant violated the rules of these Regulations.

14.5.

A participant may be disqualified for unseemly, rude or abusive language towards event organisers, judges, volunteers.

14.6.

The Competition participants are prohibited from holding unauthorised political, social and other rallies, making provocative appeals, political solicitations, protests, demonstrations, and using any political, social attributes, logos. Those participants violating this clause will bear responsibility in accordance with the laws of the Republic of Kazakhstan.

15. COMPETITION'S PANEL OF JUDGES

15.1.

Competition's Panel of Judges thoroughly monitors compliance with the competition rules and that the Competition among participants is fair and honest, and that the winner of the Competition is determined objectively. All sport judges serving the Competition represent the Competition's Panel of Judges.

15.2.

Competition's Panel of Judges includes:

- Chief Judge of the Competition

The Chief Judge of the Competition distributes responsibilities among certain judges of the Competition and submits a report to the Organizing Committee upon completion of the Competition.

- Chief Scorer of the Competition

The Chief Scorer of the Competition processes scoresheets and reports the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

- Judges of the Start and Finish Zones of the Competition

The Judges of the Start and Finish Zones of the Competition keep strict watch that the participants of the Competition go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record results of first 50 (fifty) finishers according to the finish scoresheets. The scoresheets are submitted to the Chief Judge of the Competition for collation of the results with the timekeeping system. Professional sportsmen and specialists may be invited to the Competition's Panel of Judges.

15.3.

Chief Physician of the Competition

The Chief Physician of the Competition supervises activities of medical staff and volunteers of the Competition during the race and at the start-finish camp of the Competition. If necessary, the Chief Physician of the Competition can withdraw a participant from the Competition.

16. FORCE MAJEURE

16.1.

In case of an official ban imposed on the Competition by the government bodies/agencies/ services of the Republic of Kazakhstan, including local government bodies, the Competition will be postponed to a later date. All entry fees previously paid by participants of the Competition will be automatically transferred to the new date of the Competition. The exact new date of the Competition will be announced later by publishing in the Organizing Committee's information sources specified in clause 22 hereof and by mailing to the participants' e-mail addresses specified by the participants during their registration for the Competition.

16.2.

If, due to state regulatory acts of the Republic of Kazakhstan, a foreign participant from another country cannot cross the state border of the Republic of Kazakhstan on the eve of the Competition and participate in the Competition, they may submit a request to the Organizing Committee to transfer their entry fee to the "Almaty Marathon" in 2025. In this case the request should be sent to info@almaty-marathon.kz.

17. PROTESTS AND CLAIMS

17.1.

Protests shall be submitted to the Competition Organizing Committee and considered by the Competition's Panel of Judges.

17.2.

A participant of the Competition has the right to submit a claim within 2 (two) calendar days after the end of the Competition. Claims should be sent to the email address info@almaty-marathon.kz. When submitting a claim, the participant must provide the following information:

- participant's full name (anonymous submissions will not be considered);
- essence of the claim;
- grounds for the claim (photo or video evidence).

17.3.

The Competition Organizing Committee shall prepare its official reply to the participant of the Competition within 2 (two) business days after it receives the protest and/or claim, the reply shall be sent to an e-mail, which the claim/protest had been filed from.

17.4.

Claims are accepted only from participants of the Competition.

18. MEDIA ACCREDITATION

18.1.

To obtain media accreditation for the Competition, it is necessary to send the following information (name of the media outlet, full name of the correspondent, operator, photographer, contact phone number, and email) to the email address prmanager@almaty-marathon.kz by November 4, 2025.

19. INFORMATION SOURCES OF THE COMPETITION

19.1.

Detailed information on the Competition is available on web-site almaty-marathon.kz, as well as at the following social media sites of the Organizing Committee:

- <https://www.facebook.com/almatymarathon/>
- <https://www.instagram.com/almatymarathon/>
- t.me/almaty_marathon
- <https://vk.com/almatymarathon>

The Organizing Committee of the Competition is not responsible for information posted on other informational resources.

20. RIGHTS TO COVER THE COMPETITION

20.1.

Corporate Fund "Courage to Be the First" (hereinafter – the Copyright Holder) owns exclusive media rights to cover the Competition: broadcasts of an image and (or) sound of the sports event through any means and (or) by using any technology, as well as video recording of the broadcasts.

The Copyright Holder has the right to enter into written agreements with third parties for the acquisition of rights to cover the sports event.

21.

FINAL PROVISIONS

21.1.

These Competition Regulations are the official invitation-call for participation in the Competition.

21.2.

The Organizing Committee reserves the right to amend these Competition Regulations.

21.3.

The Organizing Committee is not responsible for the health of participants, as well as for injuries, illnesses, or other medical problems that may arise during preparation or during the Competition. Each participant bears full responsibility for their health and physical condition and undertakes, if necessary, to undergo a medical examination before participating in the Competition.

21.4.

The Organizing Committee reserves the right to make changes to these Competition Regulations.

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