

ACKNOWLEDGEMENT NOTE

(to be filled-in with one's own hand)

l <u>,</u>	_(full	name),
hereby confirm that I am in good physical form, passed necessary medical ex	aminatio	n and
have no medical contraindications against participation in the races, he	ld withi	in the
frameworks of "Almaty Marathon 2019".		

I am aware of all risks connected with this event and understand that the marathon requires serious athletic training.

I am aware of the fact that as a result of my participation some adverse consequence for my health may arise. I personally bear responsibility for my own health and safety. In case of any accident occurred while or after competitions, upon injury or any physical damage I am acting in my own free will and knowingly refuse from any material and other claims and requirements to the organizers of "Almaty Marathon 2019". This waiver of claims also relates to all my successors and trustees.

I have read the Marathon Regulations and schedules and I am aware of the fact that violation thereof may result in disqualification.

I have read and fully understood this document.

I am aware of the fact that I have to receive the participant's starting package on April 19-20, 2019 at "Sports Fairy of Almaty Marathon" (www.marathonexpo.kz)

I agree that I will not be admitted to the Competitions on April 21, 2019, if I do not take my starting package on April 19 or 20, 2019.

I must necessarily have with me:

- Copy of the identity card;
- This Acknowledgement Note, printed out.

In accordance with Article 145 of the Civil Code of the Republic of Kazakhstan and for popularization of "Almaty Marathon", as well as activities of the CP "Courage to be the First" (hereinafter referred to as the "Fund"), hereby I provide my consent for making my video or photo (photographs and/or video films) by the Fund or any thirds parties, acting for and on behalf of the Fund, with respect to my participation in "Almaty Marathon", and provide my consent to the Fund for publication, reproduction and distribution of such images by any methods or any means without restrictions on time or territory of use.

I provide this consent on the voluntary basis without any compensation.

April "	_", 2019	Signature