

Approved by  
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Executive Director of  
"Courage to be the first" CF

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## PROVISIONS FOR EKIDEN

### KEY TERMS AND DEFINITIONS:

“The Mandates Commission” means the committee created to monitor and check the course of the competition.

“Ekiden” means a sports running competition that is a marathon relay.

“Protest” - statement of disagreement with the results of the competition.

“Claim” – written request which is addressed to the director of the competition to eliminate violations of obligations’ fulfillment.

### I. Purposes of the Ekiden

- Development of social responsibility of companies;
- Supporting the ideas of the healthy life-style and mass sports;
- Strengthening the team spirit, increasing the motivation of participants;
- Supporting charity projects of republican significance.

### II. 2. COMPETITION MANAGEMENT.

2.1. “Courage to be the first” Corporate Fund performs general management and it is responsible for the preparation and conducting the competition.

2.2. The Organizing Committee shall approve the Provision for the Competition (hereinafter referred to as the Provision), place of the event, and introduce changes and amendments hereto and to the composition of the Organizing Committee. The Organizing Committee is responsible for:

- Preparing documents and materials for the Mandates Commission;
- Creating favorable conditions for the participants;
- Providing with the prizes to be awarded to the winners and awardees;
- Providing the participants with information (the inquiry center);
- Competition refereeing;
- Renting sports facilities;
- Arranging security measures, medical aid and fire prevention service for the competition.

2.3. The Mandates Commission and Race Director shall be charged with control over preparation and holding of the competition, consideration of official protests and solution of disputable matters and consideration of the documents and permission for the participation in the competition.

2.4. The Mandates Commission includes:

- Chief Justice to the competition.
- Chief Secretary to the competition;
- Justice to the start and finish areas
- Marshals on the course

It is permitted to involve professional sportsmen and specialists in the committee. The Mandates Commission is headed by the Chief Justice to the competition. Chief Secretary to the competition is appointed as the Secretary to the Mandates Commission

### **III. PLACE AND TIME OF THE COMPETITION**

3.1. **Date and time:** April 21, 2019, from 6 a.m. to 3 p.m.

3.2. **Place:** Almaty city. Start/Finish – Republic Square

### **IV. PARTICIPATING IN EKIDEN AND DISQUALIFICATION**

4.1. Every company may submit several teams to the competition.

4.2. Everyone aged over 18 years old and has good physical training may participate in Ekiden. (regardless of gender)

4.3. A team must include 6 members. The team will not be allowed to the competitions in case of the less number of members.

4.4. A team will be disqualified in case of including professional athletes in a team.

4.5. Ekiden members are prohibited to apply to other distances at the same time. A team and a team member will be disqualified in case of one or more members of team are applied several distances.

4.6. A team member shall complete the running stage immediately after the relay changeover. It is forbidden to continue running.

4.7. The Ekiden relay is only allowed for the employees applied to participation. However, sport schools and fitness clubs may apply their members, and educational institutions may apply their students.

4.8. Each member confirms the agreement to process and store the personal data of team members.

4.9. Team members must provide a certificate of employment on the request of the organizing Committee.

### **V. DISTANCE AND CHANGEOVER POINTS**

5.1. Ekiden distance (marathon relay): 5k, 10k, 5k, 10k, 5k, 7k 195m.  
**Total distance is 42k 195m**

5.2. Changeover points:

1-participant (start) – Republic Square

2-participants – Al Farabi ave., Khojanov St.

3-participants – Abay ave., Tlendiev St corner

4-participants – Satpayev St., Seifullin St corner

5-participants – Sain Ave., Toraigyrov St corner

6-participants – Abay ave., Utegen Batyr St corner

5.3. Each team member transfers the relay to the next participant at the changeover points, which will be marked with special pointers.

## **VI. REGISTRATION. ENTRY FEE**

- 6.1. Registration will be available in the period from September 17, 2018 to April 01, 2019 at the website: [www.almaty-marathon.kz](http://www.almaty-marathon.kz)
- 6.2. It is necessary to enclose the contract for the provision of charity care to participate in the Ekiden (the marathon relay). You can get the detailed information by the contacts listed below.
- 6.3. Entry fee is **130 000 TKZ** per team. Payment should be made according to the letter of appeal.
- 6.4. Issuance of starting sets will take place on the territory of Sport's Expo in April 19-20, 2019.
- 6.5. The participants will be allowed in the competition if they provide the following documents:
- Identity card/passport copies
  - Statement of the full responsibility for his own health

## **VII. AWARDING**

- 7.1. The teams will be awarded for 1-3 place in absolute superiority.
- 7.2. All participants who get to the finish will get their promotional medals, commemorative statue and appreciation letter.

## **VIII. CONTACTS**

Tel.: +7 727 248 53 11

E-mail: [cc@almaty-marathon.kz](mailto:cc@almaty-marathon.kz)

website: [almaty-marathon.kz](http://almaty-marathon.kz)