

It is permitted to involve professional sportsmen and specialists in the committee. The Mandates Commission is headed by the Chief Justice to the competition. Chief Secretary to the competition is appointed as the Secretary to the Mandates Commission

III. PLACE AND TIME OF THE COMPETITION

3.1. **Date and time:** April 21, 2019, from 6 a.m. to 3 p.m.

3.2. **Place:** Almaty city. Start/Finish – Republic Square

IV. PARTICIPATING IN EKIDEN AND DISQUALIFICATION

4.1. Everyone aged over 16 years old and has good physical training may participate in Ekiden. (regardless of gender)

4.2. A team must include 6 members. The team will not be allowed to the competitions in case of the less number of members.

4.3. A team will be disqualified in case of including professional athletes in a team.

4.4. Ekiden members are prohibited to apply to other distances at the same time. A team and a team member will be disqualified in case of one or more members of team are applied several distances.

4.5. A team member shall complete the running stage immediately after the relay changeover. It is forbidden to continue running.

4.6. Each member confirms the agreement to process and store the personal data of team members.

V. DISTANCE AND CHANGEOVER POINTS

5.1. Ekiden distance (marathon relay): 5k, 10k, 5k, 10k, 5k, 7k 195m.
Total distance is 42k 195m

5.2. Changeover points:

1-participant (start) – Republic Square

2-participants – Al Farabi ave., Khojanov St.

3-participants – Abay ave., Tlendiev St corner

4-participants – Satpayev St., Seifullin St corner

5-participants – Sain Ave., Toraigyrov St corner

6-participants – Abay ave., Utegen Batyr St corner

5.3. Each team member transfers the relay to the next participant at the changeover points, which will be marked with special pointers.

VI. REGISTRATION. ENTRY FEE

6.1. Registration will be available in the period from September 17, 2018 to April 01, 2019 at the website: www.almaty-marathon.kz

6.2. Entry fee is **130 000** TKZ per team.

6.3. Issuance of starting sets will take place on the territory of Sport's Expo in April 19-20, 2019.

6.4. The participants will be allowed in the competition if they provide the following documents:

For participants aged under 18:

- Identity card / birth certificate copies
- Statement of their parents for the competition;
- Identity card`s copy of parent who has signed the Statement

For participants aged 18 and over

- Identity card/passport copies
- Statement of the full responsibility for his own health

VII. AWARDING

7.1. The teams will be awarded for 1-3 place in absolute superiority.

7.2. All participants who get to the finish will get their promotional medals, commemorative statue and appreciation letter.

VIII. CONTACTS

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website: almaty-marathon.kz