

## **Official Regulations of the Almaty Marathon 2020**

### **Competition Date: April 19<sup>th</sup> 2020**

#### **1. OBJECTIVES OF THE COMPETITION**

**Almaty Marathon** is an annual international running competition with a main distance of 42 km 195 m. It is the largest sporting event in Central Asia.

Competition objectives:

- popularization of running and Nordic walking;
- preparation of runners for international marathon competitions;
- support for nationwide charity projects;
- creation of favorable conditions for juniors to participate in further competitions;
- discouraging bad habits (e.g. smoking);
- formation of a healthy nation.

#### **2. COMPETITION ORGANIZERS**

**2.1.** “Courage to be the first” Corporate Fund provides general management of the competition.

**2.2.** Arrangements for preparing and holding the competition are the responsibility of the Organizing Committee (hereinafter referred to as the Organizing Committee), of the “Courage to be the first” Corporate Fund.

#### **3. TIME AND PLACE OF THE COMPETITION**

**3.1. The day and time of the competition:** April 19<sup>th</sup> 2020, from 06:00 till 15:00.

**3.2. Place:** Almaty, Republic Square

#### **4. RACE DISTANCES AND AGE CATEGORIES**

**4.1.** The Competition program includes the following:

Marathon – 42 km 195 m;

Ekiden (relay marathon) – 42 km 195 m;

Half-Marathon - 21 km;

Nordic Walking - 10 km;

A 10-km distance.

**4.2.** Age categories

**4.2.1.** Age categories of the 42 km 195-m marathon:

- 18-24 years old;
- 25-29 years old;
- 30-39 years old;
- 40-49 years old;
- 50-59 years old;
- Older than 60 years.

**4.2.2.** Age categories of the 21 km 97.5-m half-marathon:

- Older than 18 years.

**4.2.3.** Age categories of the 10-km distance:

- 15-17 years old;
- Older than 18 years.

#### **5. COMPETITION PARTICIPANTS**

**5.1.** Participants allowed to participate in:

- 42 km 195-m **marathon** – participants aged 18 years and over;
- 21-km half-marathon – participants aged 18 years and over;
- 10-km distance – participants aged 15 years and over;
- 10-km **Nordic Walking** – participants aged 15 and over;
- 42 km 195-m **Ekiden relay** – teams of 6 people aged 16 years and over.

**5.2.** Simultaneous participation in several distances is strictly prohibited.

**5.3.** During registration, your exact full age is taken into account at the time of holding the competition.

**5.4.** Elite qualification. Elite is a starting cluster for possible winning athletes.

**5.4.1.** Athletes are registered in the elite category for a 42 km 195-m distance after they pass an electronic registration at [almaty-marathon.kz](http://almaty-marathon.kz).

**5.4.2.** To be qualified for the elite category, the athlete or his official representative shall send his application to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) and provide his confirmed results corresponding to the qualification time before 15.03.2020. The results of competitions held in the last two years before the application are considered.

**5.4.3.** Your workout recording in a mobile app is not a confirmation.

**5.4.4.** Qualification time for applicants for the 42 km 195-m elite category shall be as follows:

- men: max. 2:50:00 for marathon;
- women: max. 3:50:00 for marathon.

**5.4.5.** Qualification time for applicants for the 21 km 97.5-m elite category shall be as follows:

- men: max. 1:20:00 for half-marathon;
- women: max. 1:45:00 for half-marathon.

## **6. EXPENSES FOR ORGANIZATION AND HOLDING OF THE COMPETITION**

**6.1.** The Organizing Committee bears all the expenses for organizing and holding the competitions.

**6.2.** The travel, accommodation and meal expenses shall be paid by the sending organizations or by the participants themselves.

## **7. DETERMINATION AND AWARDING OF WINNERS**

**7.1. The 42 km 195-m marathon** – participants among men and women are awarded for the the 1<sup>st</sup> – 3<sup>rd</sup> places in each age category.

Winners and medalists are awarded with diplomas, medals and valuable prizes.

**7.2. The 42 km 195-m marathon** – participants among men and women are awarded for the 1<sup>st</sup> – 3<sup>rd</sup> places in the overall championship.

Winners and medalists are awarded with cash vouchers, diplomas, medals and valuable prizes.

Winners of the overall standing are not awarded in age categories.

Winners in the overall and age categories under 60 years old are participants who finished in less than 4 hours.

**7.3. The 21 km 97.5-m half-marathon** - participants among men and women are awarded for the 1<sup>st</sup> - 3<sup>rd</sup> places in the overall championship.

Winners and medalists are awarded with cash vouchers, diplomas, medals and valuable prizes.

**7.4. The 10-km distance** - participants among men and women are awarded for the 1<sup>st</sup> - 3<sup>rd</sup> places in each age category.

Winners and medalists are awarded with diplomas, medals and valuable prizes.

**7.5. Marathon relay race (Ekiden).** Teams in the overall championship are awarded for the 1<sup>st</sup> - 3<sup>rd</sup> places.

Winners and medalists are awarded with diplomas, cups and valuable prizes.

**7.6.** All finishing runners are awarded with the Finisher's Medal.

**7.7.** Cash prizes are issued via bank transfer to the winner's personal bank account. To receive the prize, the following documents shall be emailed to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) within 3 business days after the competition:

**For residents:**

Certificate of Bank Account, a copy of an ID document;

**For non-residents:**

A copy of an ID document, name of the bank, address of the bank branch and name of the city in which you will receive the money.

**7.8.** If a participant failed to pick up his/her prize during the competition, the participant can pick up the prize at the Almaty Marathon office during business hours within 10 working days after the competition, at the following address: Almaty, 5k1 Al-Farabi ave., office 501.

If a participant cannot pick up the prize at his/her own and cannot delegate the receipt of the prize to an authorized person, the participant should email to [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz) his/her address where the prize can be delivered by the organizers at the expense of the participant: This option is possible only for residents of the Republic of Kazakhstan.

## **8. REGISTRATION. TERMS OF ADMISSION TO THE COMPETITION**

**8.1.** Registration of participants will be available on the website [www.almaty-marathon.kz](http://www.almaty-marathon.kz) from October 14<sup>th</sup> 2019 and will end on April 1<sup>st</sup> 2020, or upon reaching 18,000 registered participants.

**8.2.** A participant, who has passed the online registration procedure and paid the entry fee according to the ID number assigned upon registration for this particular race, is considered registered. The list of participants includes only paid applications.

**8.3.** By registering and paying the entry fee, the participant agrees with the Regulations of the competition.

**8.4.** Starter kits will be issued from April 17<sup>th</sup> to April 18<sup>th</sup>, 2020.

**Attention!** No distribution of starter kits will be made on other days.

**8.5.** Corporate participants can pick up their starter kits from October 17<sup>th</sup> to October 18<sup>th</sup> 2020 during the Sports Fair. One person can pick up only up to 10 starter kits at a time.

**8.6.** Participants are admitted to the competition against documents provided when issuing the participant's kit:

For participants **under the age of 18:**

- Copy of identity card (copy of Birth Certificate);
- Parental Acknowledgement Note from both parents evidencing their permit to take part in the competition;
- Copies of identity cards of both parents, who signed in person the Acknowledgement Note.

For participants **aged 18 and over:**

- Copy of identity card;
- Health Certificate.

**8.7.** If the participant cannot pick up his/her starter kit in person, then other person can do it on special days of issue, but only if this other person can provide his/her ID card, a copy of the participant's ID card and the participant's Health Certificate.

**8.8. Start fee:**

42 km 195-m marathon – 8 000 KZT;

21-km half-marathon - 7 000 KZT;

10-km distance - 6 000 KZT;

Nordic walking - 5 000 KZT;

Ekiden relay - 150 000 KZT for team.

**8.9.** Change of distance is available only until March 1<sup>st</sup> 2020 (inclusive). Please contact the Organizing Committee to change the distance.

**8.9.1.** If a participant has already bought a participation slot and plans to change his/her distance to a longer or equivalent distance, the participant shall pay 1 000 KZT to change the distance and pay the difference in the cost of slots.

**8.9.2.** If a participant has already bought a participation slot and plans to change his/her distance to a shorter distance, no additional fee is charged and the difference in the cost of slots is not refunded.

**8.9.3.** If a participant has registered, but has not yet bought a slot, the distance can be changed free of charge.

**8.10.** T-shirts will be issued only on the day the starter kits are issued. If the participant failed to pick up the T-shirt, then it will not be issued in the future.

**8.11.** Race numbers are assigned during registration and payment for start numbers up to January 31<sup>st</sup> 2020 (inclusive).

**8.12. Funds paid for participation in the competition are non-refundable.** Funds paid for the wrong or any other ID number are not refundable and cannot be transferred to another participant.

**8.13. Participants without start numbers are not admitted to the competition.**

**8.14. Participation under another participant's number is prohibited.** In the event that the transfer of start numbers is revealed, the participant who transferred the number and the participant who accepted the other's number will be disqualified for this competition and their result will be canceled. Admission to the next 3 competitions will also be denied.

**8.15.** It is not recommended to use headphones.

## **9. DISQUALIFICATION**

9.1. The organizers have the right to disqualify a participant in the following cases:

- a participant starts running before the official start;
- a participant starts running after the start zone is closed;
- a participant participates without a start number;
- a participant neglects the instructions and comments of the organizers, judges or a chief physician of the competition;
- a participant violates the competition rules.

9.2. Participants will be excluded from the final protocol in the following cases:

- a participant participates under another participant's number;
- a participant has reduced the distance;
- a participant ran a wrong distance;
- a participant uses expedient means (bicycle, scooter, etc.);
- a participant starts running beyond the start zone;
- a participant runs without an official number for a particular competition or the number is hidden under his/her clothing.

## **10. COMPETITION PROGRAM (will be announced later)**

Time limit for running the distance of 42 km 195 m – 6 hours 00 minutes

Time limit for running the distance of 21 km 97.5 m – 3 hours 00 minutes

Time limit for running the distance of 10 km – 2 hours 00 minutes

Time limit for running the distance of Nordic walking – 2 hours 00 minutes

## **11. CALCULATION OF RESULTS AND DETERMINATION OF WINNERS**

**11.1.** Results of the race participants are fixed by the electronic timing system and are confirmed by the panel of judges. Winners and medalists are determined on the basis of the participants' finish time.

**11.2.** Race winners and medalists are determined in accordance with the IAAF Rule 165.24 (“General IAAF Rules and Regulations”);

**11.3.** Participants at a distance of 42 km 195 m, who cross the finish line, can see their preliminary result on the electronic scoreboard;

**11.4.** Official results will be published on the website [www.almaty-marathon.kz](http://www.almaty-marathon.kz) within 24 hours after the end of the event;

**11.5.** The result of the competition participant is recorded only subject to correct placement of the start number. The start number must be clearly visible; it must be placed on the chest of the participant;

**11.6.** The Organizing Committee does not guarantee that every participant will obtain his/her 100% personal result in the following cases:

- Chip is fixed incorrectly;
- Chip demagnetization;
- Disqualification on the basis of the Panel of Judges resolution.

**11.7.** Terms used for displaying results:

- DNS – Did not start (participant did not start)
- DNF – Did not finish (participant did not finish)
- DSQ – Disqualified (participant is disqualified)
- CR – Championship Record (record of competitions)
- GUN TIME – Finish time of participant. The time from the start gun commencement till crossing of the finish mats by the participant
- CHIP TIME – Personal time of participant. The time from crossing start mats to finish mats by the participant.

**IMPORTANT!** Race winners and medalists are determined on the basis of the participant's finish time.

## **12. PANEL OF JUDGES**

**12.1. Panel of Judges.** [Judges](#) thoroughly monitor compliance with the competition rules and that the competition is fair and honest, and that the winner is determined objectively. All sport judges serving the competition represent the panel of judges.

**12.2.** The Panel of Judges includes:

### **• Chief Judge of the Competition**

*The Chief Judge* distributes responsibilities among judges and after completion of the competition draws up a competition report and submits it in a writing form to an organization arranging the competition.

### **• Chief Scorer of the Competition**

*The Chief Scorer* of the competition processes the protocols and outputs the results, draws up the necessary materials to inform judges, participants and spectators about the course of the race in a timely fashion, and after completion thereof draws up the general report on the results.

### **• Judges of the Start and Finish Zones**

*The Judges of the Start and Finish Zones* keep strict watch that the athletes go to the race distances according to their clusters, all rules are complied with at the start and no one gets any advantages. The Judges at the finish line record the results of the first 10 finishers according to the finish protocols. The protocols are submitted to the Chief Judge for collation of the results with the timekeeping system.

Professional sportsmen and specialists may be invited to the Panel of Judges.

### **12.3. Chief Physician of the Competition.**

*The Chief Physician* supervises activities of medical staff and volunteers during the race and at the start-finish camp. If necessary, the Chief Physician can withdraw a participant from the race.

## **13. PROTESTS AND CLAIMS**

**13.1.** Protests shall be submitted to the Organizing Committee and considered by the Panel of Judges.

**13.2.** A participant shall be entitled to submit the claim within 2 (two) calendar days after completion of the event.

The claims shall be submitted to the following e-mail: [info@almaty-marathon.kz](mailto:info@almaty-marathon.kz)

When submitting the claim it is required to specify the following data:

- full name (anonymous applications are not subject to consideration);
- the essence of the claim, what the claim consists in;
- grounds for the claim (photo, personal stopwatch, subjective opinion and etc.).

**13.3.** The Organizing Committee shall prepare the official reply within 24 hours from the protest or claim submission, the reply shall be sent to e-mail, which the claim had been filed from.

**13.4.** The claims may be accepted only from the participants.

## **14. MEDIA ACCREDITATION**

**14.1.** Media accreditation takes place in advance. For accreditation, it is necessary to send data (name of the media, full name of the correspondent, operator, photographer, contact phone number and e-mail) to [prmanager@almaty-marathon.kz](mailto:prmanager@almaty-marathon.kz) before April 17<sup>th</sup> 2020.

## **15. INFORMATION SOURCES**

**15.1.** Detailed information on the event is available on the web-site [www.almaty-marathon.kz](http://www.almaty-marathon.kz), as well as on social networks accounts:

[vk.com/almatymarathon](https://vk.com/almatymarathon)

[facebook.com/almatymarathon](https://facebook.com/almatymarathon)

[instagram.com/almatymarathon](https://instagram.com/almatymarathon)

[t.me/almaty\\_marathon](https://t.me/almaty_marathon)

The Organizing Committee of the Competition assumes no responsibility for the information obtained from any other information sources.

These Regulations are the official invitation-call for participation in the Competition.